

Reasons for Emotional and Spiritual Stress

Frank L. Reed

Loss of structure in society - *external*

Requires more structure for individual – *internal*

This places more stress on each individual

Since we cannot depend as much on society for support

Lack of servanthood concept

Lack of responsibility for self and others

Lack of teaching and application of Biblical principles

Lack of eternal perspective

Lack of community

Lack of training in childhood

Lack of discipline in childhood

Lack of role models for adulthood

Men passive

Women aggressive

Children angry

Educational process

Rationalism

Relativism

Modern psychology and counseling

Non-directive

Humanistic

Modern beliefs

Post-modernism

Existentialism

Individualism

Entitlement and rights

Horizontal integration of society

Expectations

Influence of media, virtual reality - movies

Double mindedness – can have it both ways

Compartmentalization of life

Lack of integrity

Fractured hearts