

## **Reasons for Emotional and Spiritual Stress in the Modern Society**

*Frank L. Reed*

Loss of structure in society - external

    Requires more structure for individual – internal

    This places more stress on each individual since we cannot depend as much on society for support

Lack of servanthood concept

Lack of responsibility for self and others

Lack of teaching and application of Biblical principles

Lack of eternal perspective

Lack of community

Lack of training in childhood

Lack of discipline in childhood

Lack of role models for adulthood

    Men passive

    Women aggressive

    Children angry

Educational process

    Rationalism

    Relativism

Modern psychology and counseling

    Non-directive

    Humanistic

Modern beliefs

    Post-modernism

    Existentialism

    Individualism

    Entitlement and rights

    Horizontal integration of society

Expectations

Entertainment

Influence of media, virtual reality - movies

Double mindedness – want to have God and the world

Compartmentalization of life

Lack of integrity

Fractured hearts