

Psycho-social Stages – Erikson

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Stage	Age	Crisis	Implications	Virtue
1	Infancy	Trust vs. Mistrust	Development of security and trust in others based on consistent experiences with satisfaction of basic needs	Hope
2	Toddler	Autonomy vs. Shame and doubt	Developing sense of confidence and self-reliance taking failure in stride because of encouragement	Determination
3	Childhood	Initiative vs. Guilt	Development of initiative and reinforcement in exploring	Purpose
4	Middle Childhood	Industry vs. Inferiority	Enjoyment of childhood and learning experiences and school with success and encouragement and recognition and reinforcement	Competence
5	Adolescence	Identity vs. Role confusion	Acquisition of a stable sense of identity and belonging consistent experiences of success and satisfaction with social acceptance and recognition.	Fidelity
6	Young adulthood	Intimacy vs. Isolation	Development of ability to maintain intimate personal relationships. Openness and confidence in building healthy reciprocity in consistent friendships and marriage.	Love
7	Adulthood	Generativity vs. Stagnation	Ability to meet personal and family needs while also being helpful and considerate to the needs of those others in the world who have needs achievements of life goals and accomplishments and continual learning.	Caring
8	Old age	Integrity vs. Despair	Acceptance and adjustment to aging and the idea of death. A sense of satisfaction for life well lived without regrets. Continual unselfish support of family and friends.	Wisdom