## Philippians 4 - The Virtuous Mind

Frank L. Reed

Christian harmony based on life in Christ and learning and practicing doctrine

I. Live in harmony – v. 2

In the Lord – (following God is basis for harmony)

II. Peace with others

True yokefellow, fellow workers – those committed to life in the Lord *Result is joy* 

III. Peace with self – v. 5-8

Be forbearing (not tolerance)

Be not anxious (be concerned)

Result is peace with God

Will guard your heart(s)

Will guard your mind(s)

IV. Think (dwell) only on what is:

True – accurate representation of reality - John 8:32

Honest – real, holy, of substance

Right – justice for all involved

Pure - morally undefiled

Lovely – love as highest value, goodness

Good report - language

Because – excellent, praiseworthy,

Virtue – excellence in every way

Jesus grew in favor with God and men

V. Do what you have learned from me - v.9

VI. Blessing for sharing

God will supply all of your needs also

## **Notes**

Book of Virtues - Bennett

Education – move from content to processing of content – need content to process Forbearance – working with someone until they see their errors and correct them Tolerance – allowing people to continue in their error to the harm of self and others Do not make harmony with those who do not diligently attempt to follow God Counseling needs stem from error in orientation, anger from self-centeredness Keep mind engaged in worthy/Godly pursuits

Consider the 'trajectory of your life

Sports, nonsense, etc.

Epistemology, metaphysics, axiology - ethics, aesthetics